

Amendments to the Specification:

Page 1 under the Title, line 3 please insert:

FIELD OF THE INVENTION

Page 1, line 6, please insert:

BACKGROUND OF THE INVENTION

Page 3, line 26 please insert:

“BRIEF SUMMARY OF THE INVENTION

The present invention is directed to the use of a dark fruit for the manufacture of an orally ingestable composition for the promotion of health in a mammal, characterized in that the dark fruit has a prebiotic effect.

DETAILED DESCRIPTION OF THE INVENTION”